SAMPLE

Excerpt from: Weekly Review Planner

This sample shows the first 3 page(s) of the full 59-page product.

This is a sample only. It is NOT the full product.

Buy the full product to receive the complete file.

SKILLQUESTERS

THE WEEKLY REVIEW PLANNER

for Career Growth

52 weekly reviews • 4 quarterly reviews
Wins • Lessons • Metrics • Habits

Fifteen minutes every Sunday. A career transformed in a year.

skillquesters.com

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How To Use This Planner

Careers are built in weeks, not years. This planner gives you one page per week, every week, for a full year — plus a deeper quarterly review every 13 weeks.

Every Sunday (15 minutes):

1. DATES — write the week's date range at the top.
2. WINS — list your top 3 wins. Small counts. Shipped is shipped.
3. LESSONS — what did this week teach you?
4. METRICS — fill in the 4 numbers. Numbers don't lie.
5. NEXT WEEK — set your top 3 priorities before Monday arrives.
6. HABITS — check off each day you kept your 4 key habits.

Every 13 weeks: complete the Quarterly Review page.

Rules:

• Do it the same day each week. Ritual beats motivation.
• Be honest in Lessons. This page is for you, not an audience.
• Compare metrics month to month, not week to week. Trends matter.
• Missed a week? Fill in what you remember and keep going.

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Week 1 — Weekly Review

Quarter 1 • Week 1 of 13

Week dates: _____ **to** _____

Top 3 wins:

Lessons learned:

Metrics:

Applications sent	Hours learned	New connections	Income earned ($)
_____	_____	_____	_____

Next week's top 3 priorities:

1. _____
2. _____
3. _____

Habit tracker:

	M	T	W	T	F	S	S
Habit 1: _____	☐	☐	☐	☐	☐	☐	☐
Habit 2: _____	☐	☐	☐	☐	☐	☐	☐
Habit 3: _____	☐	☐	☐	☐	☐	☐	☐
Habit 4: _____	☐	☐	☐	☐	☐	☐	☐

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