SAMPLE

Excerpt from: 90-Day Career Change Plan

This sample shows the first 3 page(s) of the full 31-page product.

This is a sample only. It is NOT the full product.

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SKILLQUESTERS

THE 90-DAY CAREER CHANGE ACTION PLAN

12 weekly action spreads • Daily focus prompts
Networking & application logs • Weekly reviews

From 'I want out' to hired — one deliberate week at a time.

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How To Use This Plan

Ninety days is long enough to change careers and short enough to stay focused.
Each week has a theme, daily focus prompts, and logs that keep you honest.

1. START HERE — fill in your goal worksheet (pages 3-4).
2. EACH MONDAY — read the week's theme, write your 3 weekly goals.
3. DAILY — do the focus prompt, check the box. 30-60 minutes is enough.
4. EACH SUNDAY — complete the weekly review on the second page of the spread.
5. DAY 90 — complete the victory review. Then start your next 90 days.

Rules:
• Never miss twice. A missed day is an accident; two is a new habit.
• One target role at a time. Focus beats options.
• Proof over promises: every week should produce something you can show.
• Log networking and applications the same day. Memory lies; logs don't.

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Start Here: My 90-Day Goal

Fill this in before Week 1 — in ink if you can

My 90-day vision (where will I be on Day 90?):

My target role:

Why this change, why now:

My 3 non-negotiables (pay, remote, hours...):

1.
2.
3.

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